

SUBMISSION CHECKLIST FOR THE AUTHOR

	Yes	No
Does the English title have the appropriate font and format? It should be in Times New Roman, 12-point, with the first letter capitalized and bold. Abbreviations should not be used, the line spacing should be 1.5, with 0pt before and after.	☐	☐
The author order is correct.	☐	☐
"ABSTRACT" written according to the formatting rules? They should be in Times New Roman (TNR), 12-point, in uppercase letters, and bold. There should be 10pt before and after, with 1 line spacing.	☐	☐
The abstract text should be written in 10-point font, with single line spacing, 0pt before, and 10pt after.	☐	☐
Abstract contains no more than 250 words.	☐	☐
"Keywords" is written as one word.	☐	☐
"Keywords" sections should have 0pt before and 10pt after.	☐	☐

For the English article, refer to the formatting rules for the following headings:

Introduction, Results, Methods, Discussion and Conclusion

	☐	☐
Main headings should be in uppercase, left-aligned, with 1.5 line spacing, 0pt before, and 10pt after.	☐	☐
In-text references are included in the bibliography.	☐	☐
The references listed in the citations are included in the text.	☐	☐
The References section and citations are written according to the formatting rules.	☐	☐
References should be placed after the main text.	☐	☐
The "References" heading and section are written in the appropriate font and formatting rules.	☐	☐
References should be numbered in the order of occurrence in the text, at the end of the sentence (before the point), with Arabic numerals, and in parentheses [Example: it was found (25).].	☐	☐
The indentation at the beginning of paragraphs is in accordance with the formatting rules (1 cm indentation at the start of each paragraph).	☐	☐
Subheadings are in uppercase for each word, left-aligned, with 0pt before and after, and 1.5 line spacing.	☐	☐
A decimal point has been used in the expression of decimal numbers throughout the text	☐	☐
There are no subheadings with unnecessary uppercase letters and bold font	☐	☐
There are no vertical lines in the tables, and the table borders and lines comply with the formatting rules	☐	☐
The table layout and the font size and style of the text within the table are appropriate (10-point font for the table, 1 line spacing, 0pt before and after)	☐	☐
The table title is placed above the table and in the correct font (Times New Roman, 10-point). The table title is in 10-point font, with 1 line spacing, 10pt before. There should be a space (10-point font, 1 line spacing, 0pt after) after the table title	☐	☐
The figure title is in Times New Roman, 10-point font. The figure title is in 10-point font, with 1 line.	☐	☐
If there are acknowledgments, support, or other notes after the conclusion heading, they can remain. There is no conflict of interest or author contributions (these are included on the title page).	☐	☐

References

The references are listed in Vancouver style, in 10-point Times New Roman font, with single line spacing.	☐	☐
If the number of authors is more than 6, the first six authors should be written, and the other authors should be specified as "et al."	☐	☐
The "References" heading and section are in the appropriate font and formatting rules.	☐	☐
Journal names should be presented in abbreviated form as in Index Medicus.	☐	☐
The citation rules for references, as outlined on the provided link (https://turkishjpos.com/index.php/pub/about/submissions#authorGuidelines), have been followed.	☐	☐